

Bun Making Instructions

HAIR:

It is easiest to manage hair that is damp and has gel worked through it before trying to secure back into a bun. Never try to put dry hair up in a bun – especially with children with fine hair. Whether trying to secure bangs back or putting up to a pony tail or braids, always work with dampened hair that has a sticky gel worked through before combing back.

HowTo Put Hair in a Bun: On very damp hair thoroughly apply a thick gel to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and secure with hair elastic into a ponytail at the back crown of the head. Sometimes the instructor will ask for a low bun down and at the nape of the neck, however, commonly one wants to see the bun top when looking directly at the dancer. Then, depending upon the length of the hair, twist in a circle around the elastic and secure all loose ends with bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins for areas above ears or at the nape of the neck. Apply the headpiece or hat as instructed by the teacher. There are some nets, or bags that help with very long hair, but for the most part the manual method above is simple and reliable. **THE SECRET:** Work on very damp hair that is wet with gel. Then, let the hair dry after it has been put into the bun. Hairspray may be necessary even if enough gel has been applied.